



Creative ageing: the Scottish experience

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Contact Luminate at e: info@luminatescotland.org or tel + 44 (0) 131 668 8066. Thank you!*

Luminate's purpose

Luminate works across Scotland to ensure that older people's creativity can flourish whatever their circumstances, experience, interests and ambitions.

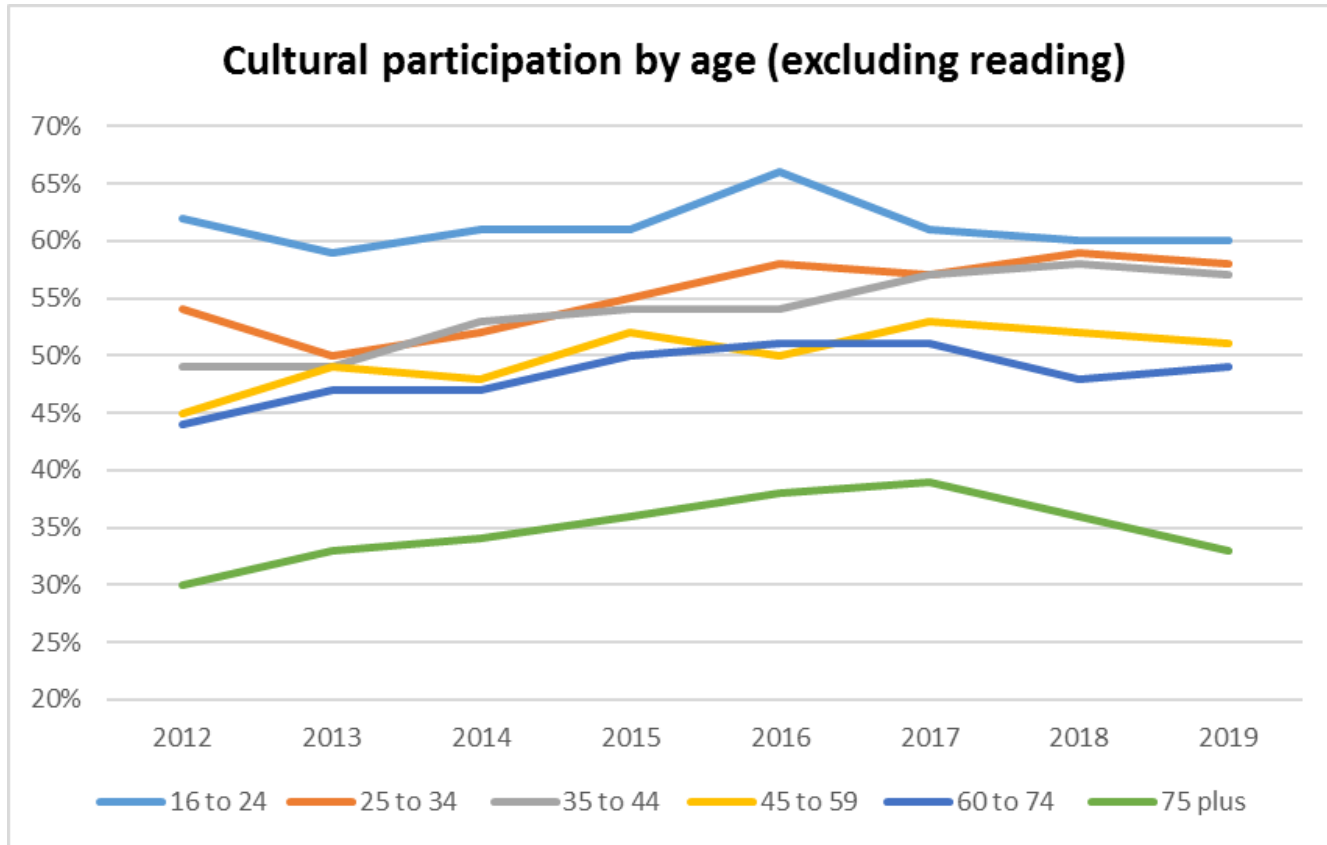


Why do we do it?

- Everyone has the right to a creative and cultural life
- Creativity brings joy, purpose, self-expression, confidence and connections with others of all ages
- There is growing evidence that taking part in creative activities is good for health and wellbeing as we age
- The pandemic has shown clearly the importance of creativity, from online choirs to outdoor performances



Scottish Household Survey 2012-2019



Our founding partners

- Creative Scotland – national arts funder in Scotland
- Age Scotland – national ageing charity
- The Baring Foundation – charitable trust based in London that supports arts with marginalised groups



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Luminate from 2012 to 2019

- Annual nationwide creative ageing festival – over 300 events each year
- Small number of activities at other times of year starting in 2014, which grew into a larger programme over time



Festival programme



- Age friendly arts activities
- Activities in care settings
- Intergenerational projects
- Work exploring themes of ageing
- Work by older artists

Why change?

- Creative ageing practice in Scotland needed more support to develop
- Growing programme of year-round activities was having an increasingly positive impact



Luminate from 2019 onwards

- Year-round programme of developmental activities became our focus
- Festival came to an end



Luminate today



Professional development and bursaries

- For artists who work with older people
- For older artists

Luminate today



Research & development

Example: research into adult learning opportunities in the arts for older people in Scotland

Luminate today

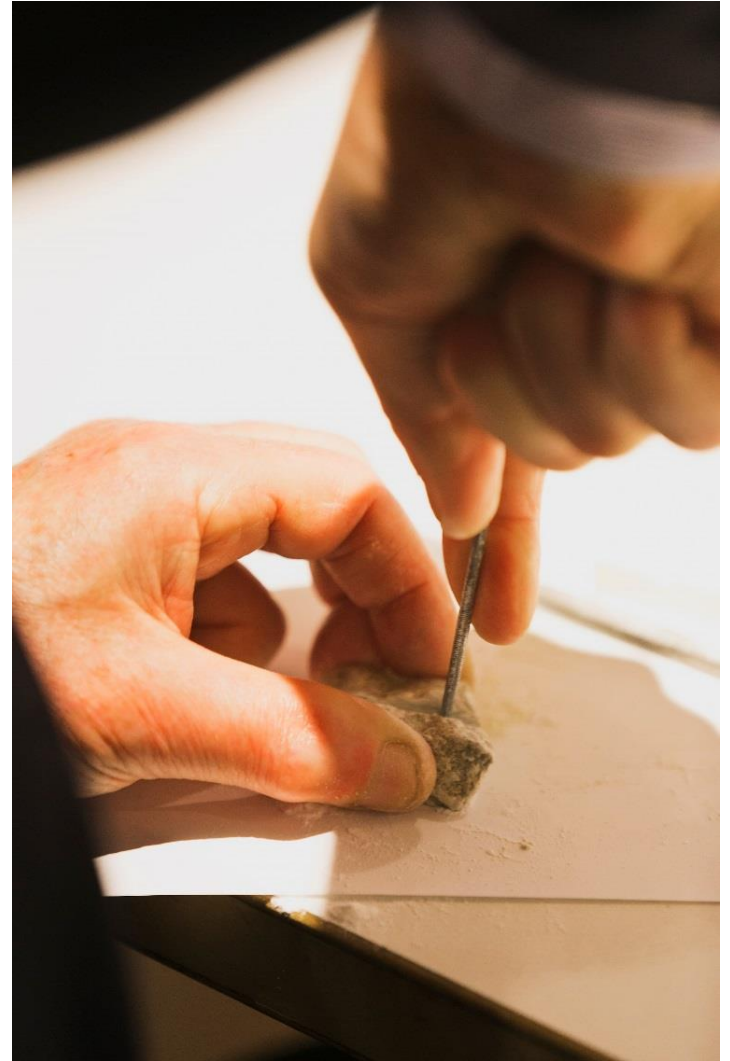


Dementia Inclusive Singing Network

Supporting the development of dementia inclusive singing groups around Scotland through networking, training and grants

Collaborative approach

- Very few projects or activities are run solely by Luminare
- Bringing together knowledge, skills, experience and networks from across different sectors improves and quality and impact of the work



Collaboration at a strategic level

- Age Scotland
 - Luminate is located in Age Scotland's office and works alongside their staff
- Challenges
 - It takes time and effort to make the most of the opportunities
- Benefits
 - Increased profile for both charities
 - Shared costs and networks
 - Shared learning and understanding



Collaboration at a local level

- Erskine care homes
 - 3 year artist residency
- Challenges
 - Work pressures on care staff
 - Artists' lack of experience of working in care settings
- Benefits
 - As trust and confidence grew, we could take risks together
 - New ways of working have been developed





For more information

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